

DECEMBER
2025
ISSUE 18

THE CLEAR WATERS CONVERSATION



STAY IN THE KNOW & WHAT'S ON THE GO

**** UPCOMING COMMUNITY EVENTS ****

JOIN US!!

Winter Feast Jan. 24th, 4-8pm.

Heritage Waplane Museum

A night of community connection!

Door prizes, entertainment,
vendors, & more!

Last year's event **SOLD OUT** in record time!!!



Special Guests
Maragret Froh.

Nicholas & Alyssa

Delbaere-Sawchuck. &

Andrea Horwath

TICKETS ON SALE
DEC. 23
12PM

WATCH YOUR
EMAIL



COMMUNITY WELLBEING



HEALING & WELLNESS



EDUCATION & TRAINING



HOUSING & INFRASTRUCTURE



**COMING IN THE
NEW YEAR**

**COMMUNITY
DROP IN
OPPORTUNITIES**

**435 YORK BLD.
HAMILTON, ON,
L8R 3K3**

**STAY TUNED FOR
MORE
INFORMATION**



Do it Yourself Mini Greenhouse

Date: January 14th 2026 Time: 3:30 pm - 5:00 pm Location: 435 York Blvd

Have you ever wanted to grow a garden, but don't know where to start? Grow with us!

The Métis Family Wellbeing program invites you to come and build your very own mini greenhouse! Children and Youths will use the provided materials to build a garden, and will learn valuable tools and resources, such as:

- How to germinate (start to grow) your own fruits/vegetables, and other plants
- What sustainability is, and how it affects us

Open to residents of Hamilton region. Refreshments will be provided.

Enter your name for a chance to win a door prize!

Contact:

Crystal Tufford
Metis Family Wellbeing
Coordinator 435 York Blvd,
Hamilton
ON, L8R 3K3
E: CrystalT@metisnation.org
C: 416- 550-7858

Métis Nation
of Ontario

MNO COMMUNITY ASSISTANCE

**ONE MNO NAVAGATORS - A ONE-STOP,
PERSONAL GUIDE TO MNO SUPPORTS
& SERVICES**

Please reach out to One MNO at:
1-800-263-4889 Ext. 7 or email us at:
ContactUs@metisnation.org

STAY CONNECTED



Facebook & Instagram
@ClearWatersMetis
Council!

Métis Nation of Ontario EducaTion

HB APP - **shares events,
moderated discussions, & official
MNO resources.**

